Career Development Workshop

Sino-American Pharmaceutical Professionals Association

GETTING

UNCOMFORTABLE

At the Next Level

Saturday
May 11, 2019

Novartis
1 Health Plaza
East Hanover
NJ 07936
Registration is now open at:

Limited seating capacity
No onsite registration
Advanced online registration and security clearance required

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<tr>
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<th>Day Program Only</th>
<th>Day Program with Dinner Reception**</th>
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<tbody>
<tr>
<td>General Admission</td>
<td>$150</td>
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<td>SAPA Members*</td>
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<td>Students and Post-Docs*</td>
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* Subject to verifications.
** Only open to CDW participants.
The SAPA Leadership and CDW Planning Committee would like to thank the generous support and collaboration of the 2019 SAPA Career Development Workshop:

Novartis Pharmaceuticals Corporation
Nobody likes to be uncomfortable. But stepping outside our comfort zone often enables us to think and act differently, which is needed and will help us to get to the next level. Together we will explore some hot topics in career development, and find the better paths to bigger success, and ultimately getting more comfortable at the next level.
Are you ready to soar?

Opens a mind
Touches a heart
Shape the future
Deal with the issues
Head On
Career matters to our lives. Yes, we all have heard these words before:

- Leadership
- Communication
- Culture Influence
- Managing Boss
- Office Politics
- Work-life Balance
- Effective Network

But hearing them versus deeply understanding them and applying the concepts to facilitate and accelerate our own career growth are two separate things.

At this workshop, we will dissect these important concepts from different angles, and make them to work for you, in real situations, to make real changes.

Learn from the career advocates and connect with the senior leaders, in a new format.

A divine cocktail reception and network dinner to follow after the program*.

This is a rare opportunity, a flagship event,

For you.

*Limited seating, not included in the program registration; RSVP with additional registration fee apply
8 am – 9 am  Building 438 Lobby
Registration

8 am – 9 am  Building 438 Atrium
Pre-Workshop Network
Breakfast and beverage are included

9 am – 10:20 am  Building 438 Auditorium
Session 1  A Fresh Re-Start: Manage the Change from Deep Within
Learn from the real life cases, hear the perspective from the senior leadership, ready to make mindset shift

10:20 am – 10:40 am  Building 438 Atrium
Morning Coffee Break

10:40 am – 12:00 pm  Building 438 Auditorium
Session 2  Spice It Up: Culture Influence
Cover the topics of culture core values and their influences on how we chose our career path and deal with conflicts

12:00 pm – 1:10 pm  Building 438 Cafeteria
Network Luncheon

1:10 pm – 2:55 pm  Building 438 Auditorium
Session 3  Get Deeper, Stronger, and Higher
Managing boss is one of the hottest topics many have identified. We will learn how to think from the management perspective and elevate our leadership skills

2:55 pm – 3:15 pm  Building 438 Atrium
Afternoon Coffee Break

3:15 pm – 5:00 pm  Building 438 Auditorium
Session 4  Move Forward
Explore additional topics on how to network effectively and how to communicate effectively. Also to learn more about the future plans of SAPA

5:10 pm – 6:00 pm  Building 310 Lobby
Cocktail Reception

6:00 pm – 8:30 pm  310 Fotia Mediterranean Restaurant
Dinner Reception
Limited seating, not included in the program registration; RSVP with additional registration fee applies
Dan Manea is US Country Head, People and Organization for Novartis. In this role he is leading an integrated P&O agenda differentiating Novartis as an employer of choice and shaping a culture in which inspired, curious and unbossed employees leverage their talents and passion to reimagine medicine. Dan is a member of the US Country Leadership Team.

Dan also takes an active role in associations and selected boards to influence a positive regulatory framework and constructive political environment to perform business in USA.

Prior to his current role Dan was the Global Human Resources Head, Novartis Oncology playing a key role in transforming the business unit through a series of acquisitions and structural changes into one of the four divisions of Novartis, today. He was a member of the Oncology Executive Committee and of the Novartis HR Executive Leadership Team.

Dan has an extensive cross-cultural, functional and geographical experience in Human Resources, in roles with various degrees of complexity and depth. He worked in both primary and specialty care areas of Pharma across the enterprise: commercial, development, global functions, manufacturing, quality and supply chain. He has coordinated several strategic enterprise projects including large scale footprint optimization and M&A business integration.

Dan joined Novartis in 2006 as Head of Human Resources, Central and Eastern Europe and has held several senior HR roles, including Head of Human Resources, Novartis Pharma Netherlands and Northern Europe, Global Head of HR for Manufacturing and Supply Chain. Prior to joining Novartis, Dan held positions in Human Resources for Eli Lilly in Eastern Europe, the U.S., and Turkey.

Dan considers himself a “citizen of the world”. Born and educated in Romania, he has built an international career, living in five countries and working across most global regions. Dan is a learner and an explorer of the diversity of the world and his core purpose is to help people grow to reach their true potential.

Dan is a Medical Doctor and holds a Master of Business Administration from Washington State University and the Romanian Academy of Economic Studies.
Novartis Pharmaceuticals Corporation
1 Health Plaza, East Hanover, NJ 07936
Limited seating, no onsite registration.
Advanced online registration and security clearance required.
Session 1  A Fresh Re-Start: Manage the Change from Deep Within
Learn from the real life cases, hear the perspective from the senior leadership, ready to make mindset shift

- Opening Video: Getting Uncomfortable
- Monologue: Experience Sharing
- Opening Remarks: Try Harder Is Not Enough
- Keynote Speaker: Reinventing Yourself
- Leadership Panel: View from the Top
- Video: Locating Yourself - A Key to Conscious Leadership

Self-reflection

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<tr>
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<th>Why these items matters to your career</th>
<th>What I will do differently</th>
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10:40 am – 12:00 pm  Building 438 Auditorium

**Session 2  Spice It Up: Culture Influence**
Cover the topics of culture core values and their influences on how we chose our career path and deal with conflicts

- Explore the culture core values and influences
- Group psychotherapy counseling: Be courageous and get out of your comfort zones
- Dealing with conflict: be political savvy
- Career choices and manage transition

### Self-reflection

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**Session 3**  
**Get Deeper, Stronger, and Higher**  
Managing boss is one of the hottest topics many identified. We will learn how to think from the management perspective and elevate our leadership skills

- Journal Club: Managing Your Boss  
- Executive presence and personal branding  
- Elevate leadership skills and capabilities  
- Be a meaningful contributor in a team

**Self-reflection**

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Session 4 Move Forward
Explore additional topics on how to network effectively and how to communicate effectively. Also to learn more about the future plans of SAPA

- How to network effectively
- Be a better communicator: Practice with the Toastmasters
- Turn busyness to business: Work-life balance and manage stress
- SAPA-LAN (Leadership Affiliated Network): Bring SAPA to the Level
- Final Thoughts: Reflection
- Closing Remarks and SAPA Introduction
- CDW Acknowledgement

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Network Reception

Fotia Mediterranean Restaurant

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2018–2019
SAPA CORPORATE SPONSORS
Welcome to the future of medicine

We touched 817 million lives with our products in 2018

Imagine what you could do at Novartis. No matter where you work, you could contribute to solving some of the toughest healthcare challenges and have an extraordinary impact on people’s lives. Join us.

https://www.novartis.com/careers
2019 SAPA Healthcare Investment Forum & Roadshow

Friday & Saturday
June 14 & 15, 2019
New York, NY

In collaboration with Tong Xie Yi
China Healthcare Investment Forum
2019 SAPA Annual Conference

Science ◆ Education ◆ Collaboration ◆ Career

September 27 – 28, 2019
DoubleTree by Hilton
Somerset Hotel and Conference Center
200 Atrium Drive
Somerset, NJ 08873, USA
Sino-American Pharmaceutical Professionals Association
PO Box 282
Nanuet, NY 10954
USA

SAPA Mission:

• To promote the advancement of pharmaceutical science and biotechnology
• To make contributions benefiting public health education
• To promote scientific exchange and business cooperation between US and China
• To foster the career growth of pharmaceutical professionals

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